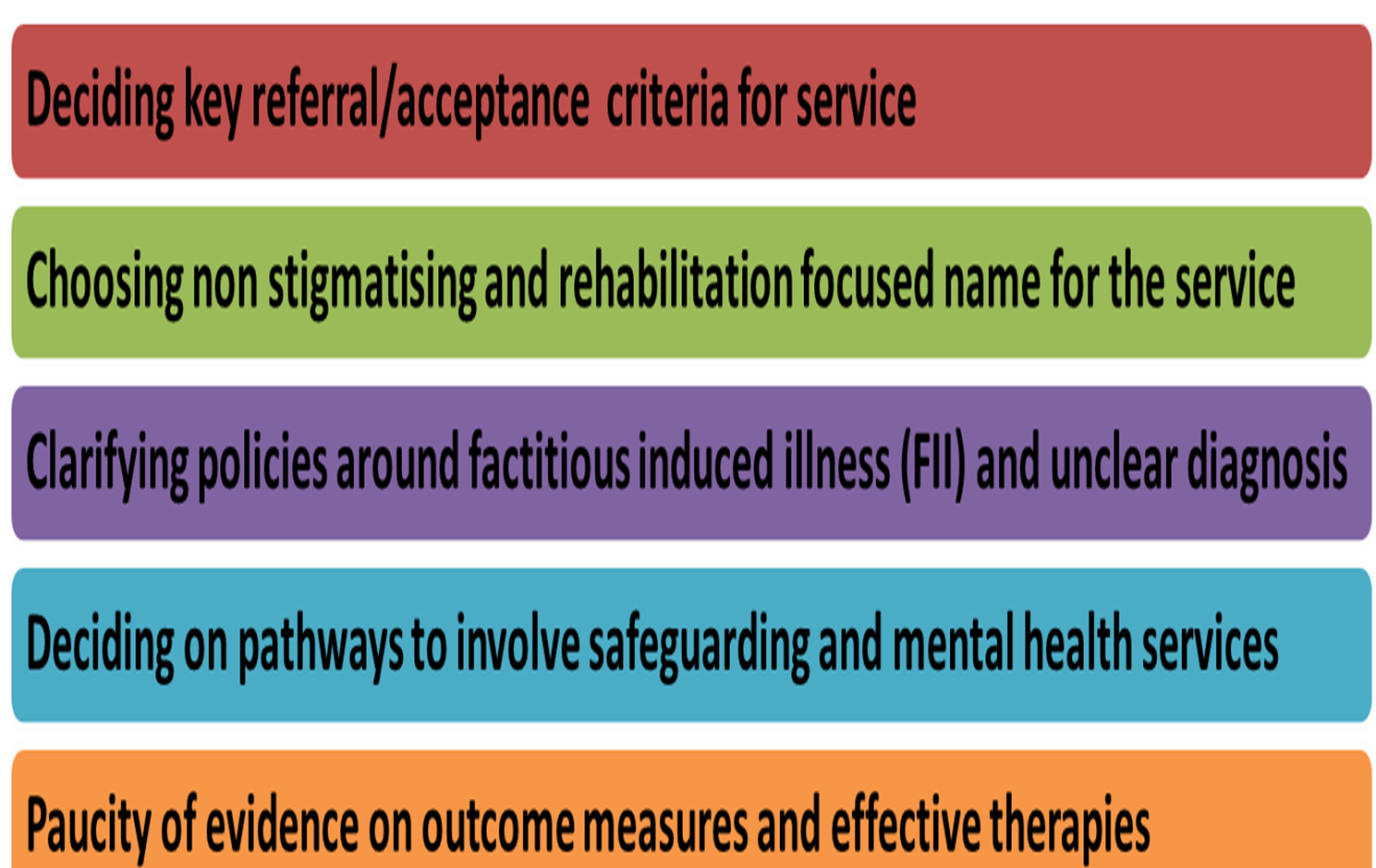
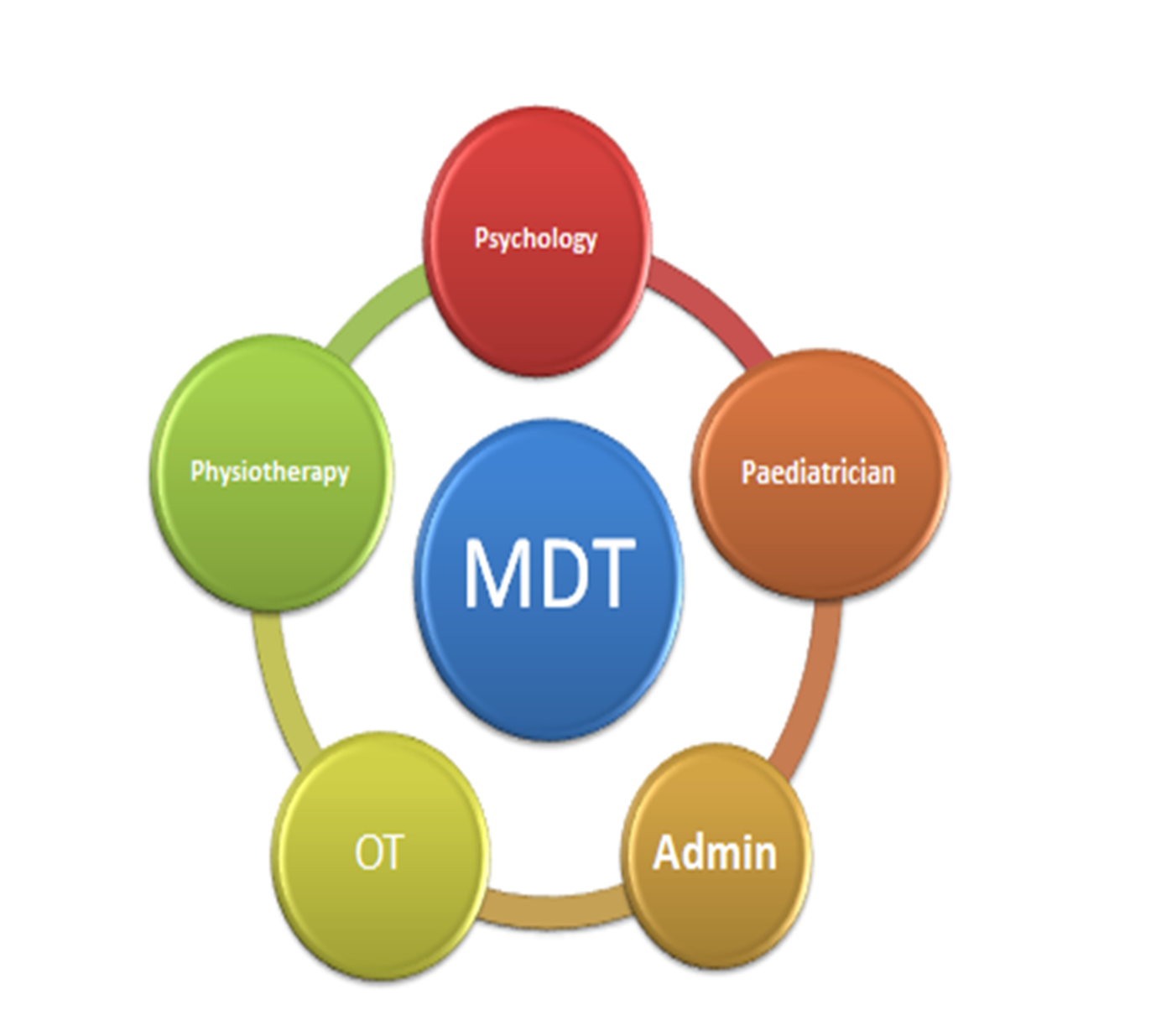


Key Challenges during set up



Team structure



**Treatment modalities**

* **Tailored to individual cases**
* **Joint working with families, carers and wider systems (e.g. school liaision & signposting to community activities)**
* **Cognitive behavioural therapy, mindfulness-based and systemic approaches**
* **Group therapy offered for appropriate patients**
* **Pain psychoeducation and education regarding mind-body interaction**
* **Exercise programme/advice, pacing and grading of activities**
* **Advice on sensory processing difficulties**
* **Sleep management**
* **Referral to art therapy and yoga sessions in hospital**

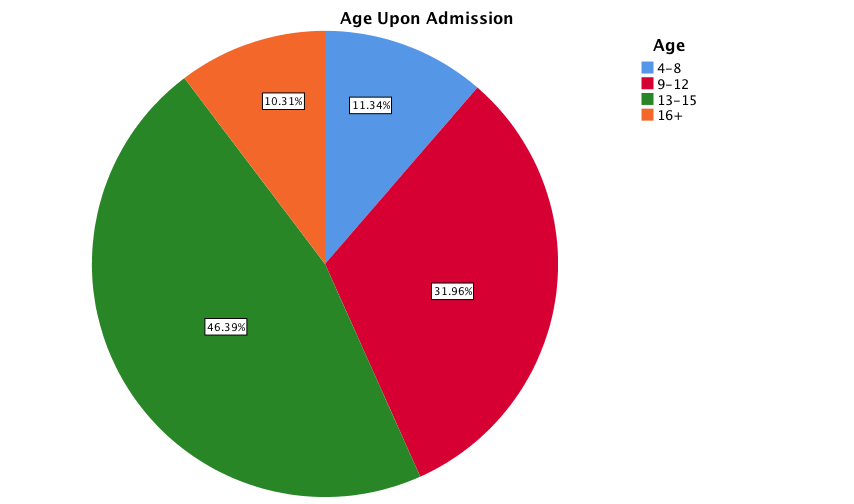


Figure 2a



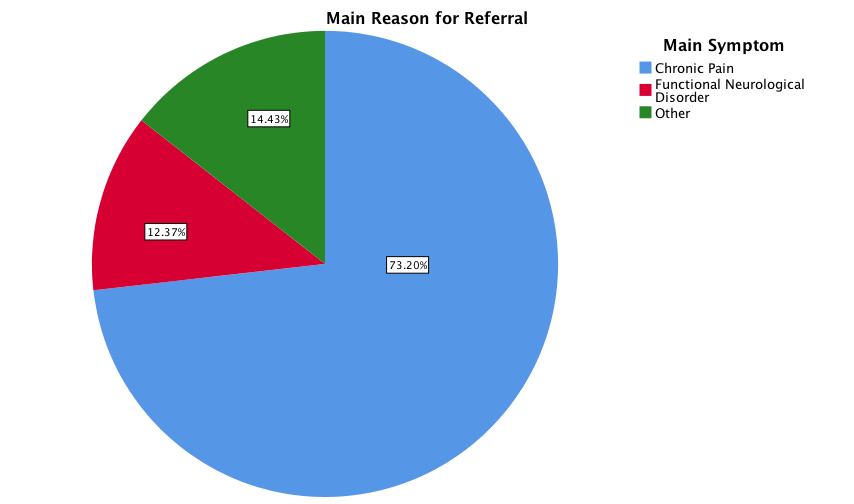
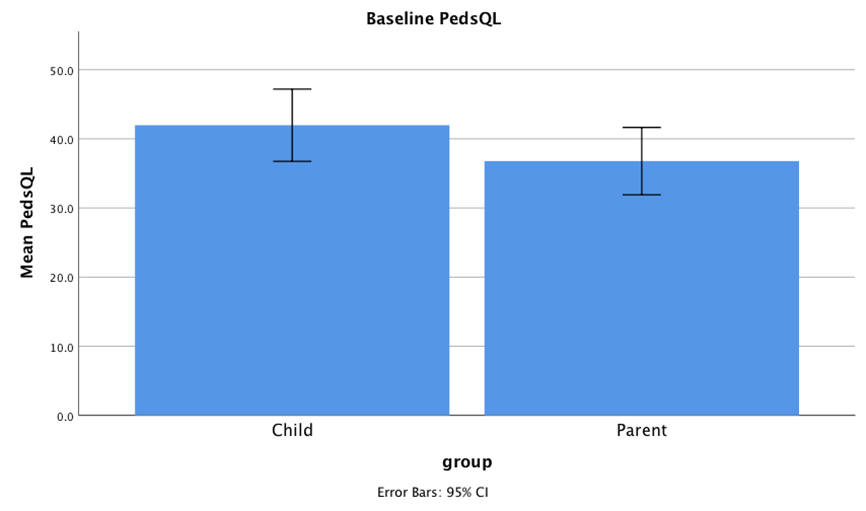
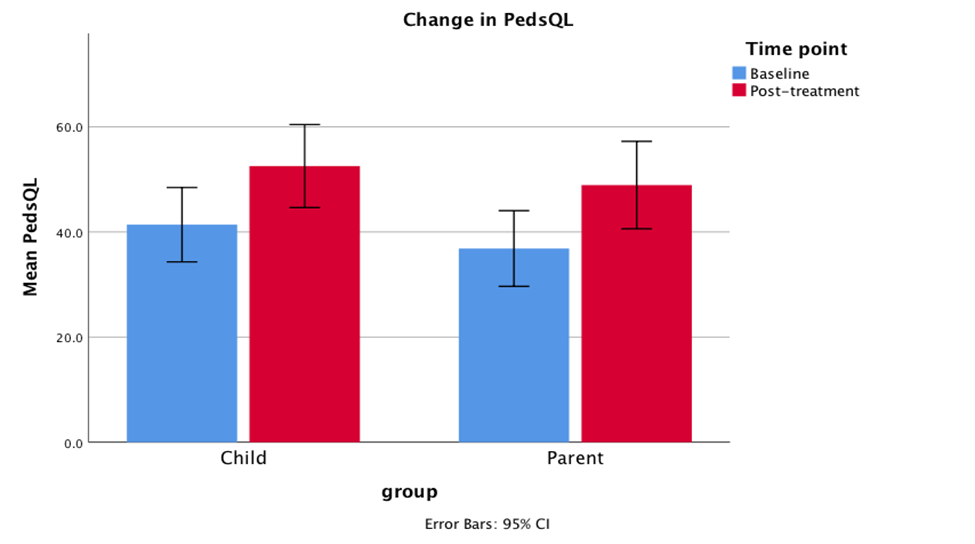


Figure 2b





|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Chronic health condition | Study | Average PedsQL (child) score (±SD) | Average PedsQL (parent) score (±SD) | Sample (child, parent) |
| Asthma | Varni et al. (2004) | 74.7 (±15.8) | 72.4 (± 16.6) | 403, 516 |
| ADHD | Varni et al. (2006) | 70.2 (±18.3) | 69.5 (±16.2) | 72, 69 |
| Cancer | Varni et al. (2006) | 69.0(±15.2) | 60.7(±19.1) | 66, 71 |
| Cerebral Palsy | Varni et al. (2006) | 66.3(±15.9) | 56.3(±17.3) | 57, 57 |
| Type 1 & Type 2 Diabetes | Varni et al. (2003) | 80.4(±12.9) | 76.6(±14.1) | 300, 307 |
| Rheumatic disease | Varni et al. (2002) | 72.1(±16.9) | 71.0 (±18.5) | 231, 244 |
| Healthy | Varni et al. (2006) | 84.3(±12.6) | 79.9(±16.2) | 3256, 3251 |
| Functional illness(Current Study) |  | 42.0(±19.5) | 36.8(±17.8) | 56, 54 |